Man is least himself when he talks in his own person. Give him a mask, and he will tell you the truth. — Oscar Wilde



NIS marks Yoga Day







The New Indian School(NIS) under the patronage of the Indian Embassy celebrated the Second International Day of Yoga. Indian Embassy Second Secretary Anand Prakash was the Guest of Honour. International Day of Yoga has been initiated, pioneered and advocated by the Indian Prime Minister Narendra Modi in order to promote a healthy living and

a sound mind which would help harness an individual's inner strength.

A glimpse of the Indian Prime Minister's message and that of Indian External Affairs Minister Sushma Swaraj on the eve of 2nd International Day of Yoga was shown to the students along with a video presentation emphasizing on the importance of Yoga in the lives of the students

Mr. Anand Prakash in his address congratulated the school for celebrating the day with zest and fervour and carrying forth the vision of the Indian Prime Minister. He highlighted on the importance of Yoga and how essential it is for the students to invest time in practising it in their daily lives. School Director & Principal, Dr.

V. Gopalan in his speech also emphasized on the invaluable benefits of yoga that helps build not only a healthy mind and a sound body but also leads to developing a strong individual.

Yoga postures were demonstrated by the Physical Education Department and the students meticulously and enthusiastically followed the instructions.







Selected College of Engineering (COE) faculty and students of AMA International University-Bahrain (AMAIUB) recently visited Bapco's Solar Energy Project at Sitra. Headed by COE Dean Prof. Husham Ahmed, the group had the opportunity to view the project and observe the processes involved in generating solar energy. The Bapco representatives generously shared their knowledge about solar energy and valuable experiences that they had while putting up the said project. The Bapco hosts were delighted to learn from Prof. Husham that AMAIUB's research thrusts encompass environmental sustainability and renewable energy. In fact, some of the faculty and students have initiated many projects and scientific studies related to solar energy and water desalination. Through these projects, the University hopes to contribute to the Kingdom's research and development initiatives in reducing reliance on natural gas and placing the country in the region as the pioneer in renewable energy industry. AMAIUB is thankful to Bapco for allowing its faculty and students to have a glimpse of the Solar Energy Project which is the first of its kind in the GCC region and for extending its cooperation with higher education institutions. The University is very optimistic that the success of this Solar Energy Project will further the Kingdom's economy, provide more jobs, and encourage everyone to explore innovations pertinent to renewable energy.

Bahrain Polytechnic Bids Farewell to Head of ICT & Web Media School

Bahrain Polytechnic's Acting CEO, Dr. Mohamed Al Aseeri, honored the Head of ICT & Web Media School, Mr. Trevor Prendergast, on the occasion of ending his seven year tenure at the Polytechnic.

Dr. Al Aseeri praised Mr. Prendergast's dedication in order to elevate the Polytechnic's academic programmes, notably in the Engineering, Design and ICT Faculty. He played a prominent role in preparing and establishing the ICT Innovation Center in 2013, as

well as creating and developing a number of computer labs.

Dr. Al Aseeri added: "We wish Mr. Prendergast all the best in his future. He was an active member of the Polytechnic, and contributed greatly in gaining accreditation for various programmes."

The Deputy CEO of Academic Services, Dr. Hasan Almulla, and Deputy CEO of Resources & Information Affairs, Sh. Ali bin Abdulrahman Al Khalifa, admired Mr. Prendergast's outstanding work ethic and

his contribution in developing the Polytechnic, which in turn develops the Kingdom of Bahrain.

In turn, Mr. Trevor Prendergast expressed his sincere appreciation to the executive management of Bahrain Polytechnic for this honor, as well as the hospitality received throughout the duration of his work. He added that his years at the Polytechnic was a significant milestone in his career and wished the Polytechnic a successful future.



Dr. Philippe Pringuet, Dean of EDICT Faculty, Dr. Hasan Almulla, Deputy CEO: Academic Services, Sh. Ali bin Abdulrahman Al Khalifa, Deputy CEO: Resources & Information Affairs, Trevor Prendergast, Dr. Mohamed Al Aseeri, Acting CEO of Bahrain Polytechnic and Carolyn Doyle, Head of School: General Studies



King exchanged greetings and cordial conversations with the attendees marking the last ten days of the Holy month of Ramadan. He wished Bahrain and its people further progress and prosperity



g Social Media Day on Thursday. Organised by Social Media Club Bahrain, the activity included speeches given by the chief guests and an honouring ceremony of the club members and the most influential



Bahrain Authority for Culture and Arts Director Shaikha Hala bint Mohammad Al Khalifa has received a delegation of Bahrain Musical Bands Society (BMBS) and discussed bilateral cooperation. Shaikha Hala hailed the activities of BMBS that promotes Bahraini musicians



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Indian Ladies Association's Community Service organised an Iftar party for elderly Parent Welfare Center (UCO) United Community Organization in Hidd. ILA distributed Hijab, Ghatra, Skull caps and Misbah to 100 elderly people. ILA patron Mamta Sinha was present on the occasion